

tyf

Nature, Sustainability
and Making a Difference



graze





Introduction

TYF believe in the power of experiential learning to shape long lives of curiosity and wellbeing, inspired by close connection to nature. For almost four decades, TYF's team of dedicated guides and coaches have helped leaders of all ages learn and grow in one of the world's most powerful classrooms, where ocean meets land on the coast of the Pembrokeshire Coast National Park.

Through impact problem solving, adventure and reflection, participants in our programmes find meaning and inspiration whilst building or boosting their 'backpack skills' for a lifetime of purposeful curiosity. TYF's guides are some of the best in the UK - professionally qualified and innovative in creating experiences that lead to lifetime memories.

TYF have created a programme packed with adventures, workshops and keynotes that will give attendees an in-depth nature connection experience and leave them feeling inspired with a more cohesive team dynamic.



Inspired Journeys

Clients make their journey to sustainable futures possible by tapping into TYF's tools, networks, resources and information that they need to build compelling pathways that build pace and scale of change.

“Let us work together to build a future where business employees, owners and stakeholders are driven by the positive difference they make to the world, providing products and services that create the conditions for future generations of all species to thrive.”

Andy Middleton, TYF Founder

Clients work with us to create programmes, talks and workshops that help people bring their brightest ideas, energy and desire for change to their work every day. We've worked with thousands of delegates from organisations large and small across every sector imaginable, delivering interventions that include away days and retreats, keynote talks and event organization to leadership and innovation programmes, B Corp certification, creating new sustainability and governance strategies to change the arc of business.

We're slow but patient learners here on the west coast and took a while for our deepest insights to become clear. From taking 200,000 people to learn in some of the world's most impactful classrooms, we learned that it's best to be prepared for challenges before you meet them – something that's too often missing in education, business and government. Development of people's ability to respond effectively to our climate and nature emergencies in the form of strategy, plans and capability is hard-wired into every intervention we design.

The organisations we most enjoy working with become friends as well as business clients, challenging and developing each other's ability to create change through inspiration and practical action. We invite you to share ideas with us about the boldest impact that you want to make with your organisation for current and future generations and work together to pick the tools that'll make your journey forwards memorable and rewarding.



Objective

The objective of our team building day is to explore the theme of nature connection, sustainability, and individual impact within the context of Graze. We aim to inspire every team member to reflect on their role in shaping a sustainable future for Graze, their future endeavors, and their broader community.

Overview

In the diverse roles within Graze, it's easy to underestimate the impact each of us can have on sustainability and the environment. This team building day is designed to challenge this notion and empower every participant to recognize their potential for positive change.

Sample Programme

Thursday 21st March

12:00	<u>Arrival</u> Welcome to TYF & Lunch at St Davids Bunk Barns		
	Cohort 1	Cohort 1	Cohort 1
13:30 16:30 (50 pax)	<u>Coasteering</u> 32 participants in groups of 8	<u>Climbing</u> Sea cliff or inland cliff 8 participants	<u>Coastal walk</u> 10 participants
	Cohort 2	Cohort 2	Cohort 2
13:00 16:30 (50 pax)	<u>Seaweed Farm</u> 25 participants 1.5 hours	Swap around	<u>Bug Farm</u> 25 participants 1.5 hours
	Cohort 2	Cohort 2	Cohort 2
18:00	<u>Evening Meal</u>		
20:00 till late	<u>Party With Live Band</u>		

Friday 22nd March

	Cohort 1	Cohort 1	Cohort 1
09:00 12:30 (50 pax)	<u>Seaweed Farm</u> 25 participants 1.5 hours	Swap around	<u>Bug Farm</u> 25 participants 1.5 hours
	Cohort 2	Cohort 2	Cohort 2
09:00 12:30 (50 pax)	<u>Coasteering</u> 32 participants in groups of 8	<u>Climbing</u> Sea cliff or inland cliff 8 participants	<u>Coastal walk</u> 10 participants
13:00	<u>Lunch</u> St Davids Bunk Barns		
13:00	<u>Sharing Learning & Keynote Speaker</u> <i>Andy Middleton TYF Founder</i>		
14:30	Depart		



Experience you can trust

Since we opened our doors in 1986, TYF have been on an adventurous journey of innovation and change-making. We build on foundations that include pioneering the sport of coastering, opening one of the world's first organic hotels and working across government, business and community organisations to imagine new ways of working. We provide education and sustainability programmes to leading organisations who want to help their employees shape a better future with flair and ambition. We are proud to be one of the most respected and innovative outdoor and education centres in the UK and of the difference we make to the lives of the organisations we work with them and the communities they serve.

What we do for you

TYF's 'Better Business' programmes help organisations match the scale of impact they're making to the challenges we'll face on the path ahead. We build solid foundations for change with team working, nature connection, mission-based learning and sustainability. TYF helps organisations with interventions that range from support in becoming a B Corp, sustainability strategy, place-based change, creating mindful workplace guidelines, and training on risk, trust and adventurous business activity.

Where we work

TYF was born and bred in St Davids, Pembrokeshire, one of the most beautiful, inspirational and creative corners of the British Isles. Our community is the wellspring of the energy, passion and play that we share on our programmes. We're surrounded by magnificent coastline, open ocean, clean water and incredible flora and fauna that help us connect inspiration to purpose.